

Acrobatic Academy Newsletter

June 2022

FREE BOXING CLASSES

Drop in on Thursday, June 16th to work with one of our experienced certified personal trainers in a complimentary boxing class. Join us for Cardio Boxing to get your heart rate up and feel like a champ in just 30 minutes or try our Intro to Boxing class to learn the fundamentals of boxing and self-defense. These classes are open to members and non-members, so bring a friend!

● **Thursday, June 16th** ● **6:00-6:30 pm Cardio Boxing** ● **6:30-7:00 pm Intro to Boxing** ●

Interested in more classes? Send your inquiry to info@fitphysique.net.

JULY BACK TUCK BOOTCAMP

Ready to flip? This one-month class is for you! This class meets each Saturday in July from 11:30 am to 12:30 pm. Classes begin Saturday, July 9th.

\$60.00 for members, or \$70.00 for non members.

Participants must be ages 6+ and be able to back handspring independently.

Registrations after June 29th will be an additional \$5.00.

Looking for extra summer activities? Anyone ages 6+ can drop in for Open Gym every Wednesday at 7:45 pm and Saturday at 12:30 pm for an hour of open work & play supervised by an instructor. It is \$5.00 for members and \$10.00 for non-members.

ABSENCES & MAKE-UPS

If you have missed any classes this year, you have until the end of August to make up those classes. Please ask your teacher how many absences you have to make-up. You may drop in on any skill level and age appropriate class. Our full class schedule is available online at www.acrobaticacademy.com. Simply drop in on a class and notify the teacher your student is doing a make-up.

Enroll for Swim Today

Still looking for summer swim lessons? Its not too late to sign up at Acrobatic Academy's Flippers Swim School. Morning classes meet Monday through Thursday in two week sessions. Evening classes meet Tuesday and Thursday in four week sessions.

30 minute lessons are \$60 per session

(Parent & Child- Learn to Swim Level 2)

45 minute lessons are \$80 per session

(Learn to Swim 3 & 4)

Classes are limited to five students. Check with front office for class availability!

Find us on Facebook and Instagram to stay up to date on news, special events and more.

MARK YOUR CALENDAR!

July 1st-July 7th: CLOSED

July 8th: July Mommy & Me

BIRTHDAY PARTIES

Let one of our excellent birthday party hostesses entertain the kids for this year's birthday party! Parties start at \$125.00 with add-ons available. We offer birthday parties on Saturday mornings at the following times:

	Gym Time	Treat Room
1 st	9:30-10:15	10:15-10:45
2 nd	10:15- 11:00	11:00-11:30
3 rd	11:00-11:45	11:45-12:15
4 th	11:45-12:30	12:30-1:00

Check with front office for availability

**ASK ABOUT
OUR GYM &
SWIM PARTIES**