

Gymnastic Schedule 2021-2022

(Effective 09/1/2021)

ACROBATIC ACADEMY FITNESS & EDUCATION CENTER, INC.
 2111 N. Maize Rd. 721-2230 www.acrobaticacademy.com

New students are required to pay the yearly registration fee: \$35.00 (\$20.00 5/16/22-8/14/22) & the 1st month's class fees.

Registration fees are non-refundable.

The 2021-2022 year begins September 1, 2021.

Class times may be subject to change and/or cancellation.

A written drop notice is to be submitted the first of the month, along with the monthly payment in order to discontinue class.

Payment for class fees not received by the 10th of any month will be assessed a late fee of \$5.00.

Please ask the office for information regarding discounts for multiple classes.

Monthly Fees	30 min.	40 or 45 min	1 Hr.	90 min	2 Hr.
	\$50.00	\$55.00	\$60.00	\$83.00	\$101.00

AAI GYMNASTIC CLASSES - Contact the AAI office for gymnastic openings at 721-2230.

PARENT TOT				
All classes 40- 45 mins. 12mos -2 yr 11 mos.				
Time	Teacher	Ages	F/M	
Monday				
6:15pm	6:55pm	Carolyn B	Tot	Mix
Tuesday				
9:45am	10:30am	Renee	Tot	Mix
5:30pm	6:15pm	Valen	Tot	Mix
5:45pm	6:30pm	Gemma	Tot	Mix
Wednesday				
10:00am	10:45am	Renee	Tot	Mix
Thursday				
5:15pm	6:00pm	Valen	Tot	Mix
6:20pm	7:00pm	Tina	Tot	Mix

ADVANCED BEGINNER **= split L. Int.				
All classes 1 hour Ages 4 and older				
Time	Teacher	Ages	F/M	
Monday				
**4:30pm	5:30pm	Renee	5-10 yrs.	Mix
4:30pm	5:30pm	Abrielle	5-7 yrs.	Mix
5:15pm	6:15pm	Tina	4-6 yrs.	Mix
5:30pm	6:30pm	Renee	4-7 yrs.	Mix
6:15pm	7:15pm	Sara	4-6 yrs.	Mix
**7:15pm	8:15pm	Tina	5-8 yrs.	Mix
Tuesday				
**5:00pm	6:00pm	Renee	7-12 yrs.	Mix
5:00pm	6:00pm	Elizabeth	5-9 yrs.	Mix
5:00pm	6:00pm	Melissa	5-9 yrs.	Female
5:15pm	6:15pm	Dakota	4-7 yrs.	Mix
5:30pm	6:30pm	Catherine	5-8 yrs.	Mix
6:30pm	7:30pm	Valen	4-6 yrs.	Mix
6:30pm	7:30pm	Catherine	5-8 yrs.	Mix
6:45pm	7:45pm	Renee	4-7 yrs.	Mix
Wednesday				
10:00am	11:00am	Meya	4-6 yrs.	Mix
5:00pm	6:00pm	Dakota	5-9 yrs.	Mix
5:00pm	6:00pm	Mollee	4-6 yrs.	Mix
5:15pm	6:15pm	Emma	6-9 yrs.	Mix
**5:30pm	6:30pm	Renee	5-10 yrs.	Male
5:45pm	6:45pm	Sara	5-10 yrs.	Female
6:30pm	7:30pm	Tasha	5-10 yrs.	Mix
6:15pm	7:15pm	Jacob	5-8 yrs.	Mix
6:45pm	7:45pm	Sara	7-12 yrs.	Mix
Thursday				
10:00am	11:00am	Renee	4-6 yrs.	Mix
**11:00am	12:00pm	Renee	6+ yrs.	Mix
**5:00pm	6:00pm	Catherine	6-12 yrs.	Mix
5:15pm	6:15pm	Eric	5-12 yrs.	Male
**5:30pm	6:30pm	Carolyn	5-9 yrs.	Female
5:30pm	6:30pm	Dakota	5-9 yrs.	Mix
5:45pm	6:45pm	Teagan	4-7 yrs.	Mix
6:00pm	7:00pm	Catherine	4-6 yrs.	Mix
**6:30pm	7:30pm	Tasha	6-12 yrs.	Female
**7:00pm	8:00pm	Tina	5-8 yrs.	Mix

Please check
with front office
for
openings

BEGINNER				
All classes 45 min. Ages 3 to 4 years				
Time	Teacher	Ages	F/M	
Monday				
4:30pm	5:15pm	Tina	3-4 yrs.	Mix
4:45pm	5:30pm	Jacob	3-4 yrs.	Mix
5:30pm	6:15pm	Carolyn	3-4 yrs.	Mix
6:30pm	7:15pm	Dakota	3-4 yrs.	Mix
Tuesday				
10:30am	11:15am	Renee	3-4 yrs.	Mix
5:00pm	5:45pm	Gemma	3-4 yrs.	Mix
6:00pm	6:45pm	Renee	3-4 yrs.	Mix
6:15pm	7:00pm	Dakota	3-4 yrs.	Mix
Wednesday				
9:15am	10:00am	Renee	3-4 yrs.	Mix
10:45am	11:30am	Renee	3-4 yrs.	Mix
4:45pm	5:30pm	Jacob	3-4 yrs.	Mix
5:30pm	6:15pm	Meya	3-4 yrs.	Mix
6:30pm	7:15pm	Mollee	3-4 yrs.	Mix
Thursday				
4:45pm	5:30pm	Katherine	3-4 yrs.	Mix
5:00pm	5:45pm	Teagan	3-4 yrs.	Mix
5:30pm	6:15pm	Tina	3-4 yrs.	Mix
6:45pm	7:30pm	Dakota	3-4 yrs.	Mix



Please consult with your current teacher or the front desk
for correct level placement of your child.

Please call the office for
updated information,
316-721-2230



GYMNASTICS SCHEDULE CONT.

LOW INTERMEDIATE **= L. Int. * = H. Int.

LOW INTERMEDIATE **= Split A. beg. *= Split H. Int.

All classes are 1 hour Ages 5 and older				
Monday				
**4:30pm	5:30pm	Renee	6-10 yrs.	Mix
5:30pm	6:30pm	Dakota	5-8 yrs.	Mix
*6:00pm	7:00pm	Michelle	5-8 yrs.	Mix
6:15pm	7:15pm	Tina	6-12 yrs.	Mix
7:00pm	8:00pm	Renee	8-10 yrs.	Female
**7:15pm	8:15pm	Tina	5-12 yrs.	Mix
Tuesday				
**5:00pm	6:00pm	Renee	7-12 yrs.	Mix
6:00pm	7:00pm	Melissa	6-12 yrs.	Female
7:30pm	8:30pm	Catherine	7-12 yrs.	Mix
Wednesday				
5:00pm	6:00pm	Katherine	5-9 yrs.	Female
6:00pm	7:00pm	Dakota	7-12 yrs.	Female
**5:30pm	6:30pm	Renee	5-9 yrs.	Male
Thursday				
*4:30pm	5:30pm	Tina	6-10 yrs.	Mix
5:15pm	6:15pm	Renee	5-10 yrs.	Female
**5:00pm	6:00pm	Catherine	6-12 yrs.	Mix
*6:15pm	7:15pm	Eric	6-16 yrs.	Male
**6:30pm	7:30pm	Tasha	6-12 yrs.	Female
6:30pm	7:30pm	Carolyn B	5-9 yrs.	Mix
Saturday				
10:30am	11:30am	Tasha	6-12 yrs.	Mix

HIGH INTERMEDIATE *= Split L. Int.				
All classes are 1 hr or 90 min.				
Time	Teacher	Ages	F/M	
Monday				
* 7:00pm	8:30pm	Michelle	6-10 yrs.	Female
Tuesday				
7:30pm	8:30pm	Tasha	6-12 yrs.	Mix
7:00pm	8:30pm	Melissa	6-15 yrs.	Female
Wednesday				
6:30pm	8:00pm	Renee	7-12 yrs.	Mix
Thursday				
*4:30pm	5:30pm	Tina	6-10 yrs.	Mix
*6:15pm	7:15pm	Eric	6-16 yrs.	Male
6:15pm	7:45pm	Renee	7-13 yrs.	Female
7:00pm	8:30pm	Rachel	6+ yrs.	Female

LOW ADVANCED TO ADVANCED *= Split H. int.				
Classes are 90 min or 2 hrs				
Time	Teacher	Ages	F/M	
Monday				
6:30pm	8:30pm	Tasha	8-15yrs.	Female
Wednesday				
6:00pm	8:00pm	Melissa	6+ yrs.	Female
Thursday				
5:00pm	7:00pm	Rachel	8-15yrs.	Female



TUMBLE TRAMPOLINE CLASSES				
All Classes are 1 hour				
Class Concentrates on tumbling and floor skills				
Time	Teacher	Age/Lvl.	F/M	
Monday				
7:00pm	8:00pm	Carolyn B.	10+ yrs. L.Adv/Adv.	Female
Tuesday				
6:00pm	7:00pm	Elizabeth	12 + yrs. Adv.	Female
6:30pm	7:30pm	Tasha	7-12yrs. A.B./ L. Int	Mix
Thursday				
7:30pm	8:30pm	Dakota	8-16yrs. L. Int/L.Adv	Female
Saturday				
9:30am	10:30am	Tasha	7-15yrs.H.Int./L.Adv.	Mix

NINJA WARRIOR CLASSES				
Time	Teacher	Ages	F/M	
Monday				
6:00pm	7:00pm	Camden	8+ yrs. Beg	Mix
Tuesday				
6:00pm	7:00pm	Matthew	7+ yrs. Beg	Mix
7:00pm	8:00pm	Matthew	8+ yrs. Int/Adv	Mix
Friday				
5:00pm	6:00pm	Aiden	8+ yrs. Beg	Mix
6:00pm	7:00pm	Jonah	8+ yrs. Beg	Mix

TAEKWONDO				
Time	Teacher	Ages		
Monday				
5:30pm	6:00pm	Ms. Katrin	3-5 yrs old	
6:00pm	7:00pm	Master Hawkins	5+ yrs. Beg.	
7:00pm	8:00pm	Master Hawkins	6+ yrs. Colored belts	

Contact Fit Physique at 721-2521 for information on the following:
 Outdoor Extreme Training Class
 Group Exercise Classes
 Yoga & Pilates
 Adult & Youth Personal Training