

Acrobatic Academy Newsletter

July 2022

CLOSED Friday, July 1st-Thursday, July 7th

GYMNASTICS DAY CAMP

Join us on **Friday, July 29th, 2022** for an all-day gymnastics camp. Gymnasts will practice skills on floor, bars, beam and vault as well as learn a choreographed dance routine to perform for parents at the end of camp! Gymnasts can bring their own sack lunch and afternoon snack or enjoy provided snacks and pizza for \$5.00. Gymnasts should bring water bottles.



- Friday, July 29th from 8:30 am to 5:30 pm •Participants must be ages 6+ and be able to back bend kick-over independently•
- \$75.00 for members • \$85.00 for non-members • Registrations after July 27th will be an additional \$10.00 •

AUGUST AERIAL CARTWHEEL CLASS

This month-long class will focus on conditioning, drilling and practicing aerial cartwheels. This class meets each Saturday in August from 11:30 am to 12:30 pm. Classes begin Saturday, August 6th.

\$60.00 for members, or \$70.00 for non members.

Participants must be ages 6+ and have perfected the cartwheel.

Registrations after August 3rd will be an additional \$5.00.

NINJA WARRIOR

Interested in something a little different than gymnastics? Ask about our Ninja Warrior classes at the front desk! Ninja Warrior classes focus on agility, speed, strength, precision, and balance to navigate and overcome different obstacles. Different class times available!

Class fees effective Sept. 1

30 min.	45 min.	60 min.	1.5 hr.	2 hr.
\$55	\$60	\$65	\$88	\$106
Registration	Private	Semi-Private	Small Group	
\$40	\$92	\$84	\$80	

An annual membership fee of \$40 will be due on Sept. 1. This will be deducted by August 31st for students on auto-pay.

JOIN THE TEAM!

We are seeking a part-time Administrative Assistant . Applicants must have evening and Saturday availability. Interested? Email us at info@acrobaticacademy.com

Lyra Workshop

We are all fond of The Greatest Showman, and one of the favored performers was on what we call a Lyra! Join us for an Introductory Lyra Workshop that will include warm-ups, a few static poses and a mini-combo to finish!

Workshop 1 (6-12 years)-Saturday, August 13th 2:00-3:30 pm

Workshop 2 (13+ years)- Saturday, August 13th 3:30-5:00 pm

Each workshop is \$30.00 per person, if registered by Wednesday, August 10th, or \$35.00 after. These workshops are **CASH ONLY** and spots will be given on a first come, first serve basis. Limited spots available!

