

FITNESS & EDUCATION CENTER

2111 N. Maize Rd.

(p): 316-721-2230 (e): info@acrobaticacademy.com

(w): www.acrobaticacademy.com

Classes are held year-round and new students may join at any time. Please contact our front office at 316-721-2230 for level placement and class availability. New students are required to pay a registration fee (non-refundable) and the first month's class fees upon enrollment.

 Monthly Fees:
 30 min.
 40 or 45 min
 1 hr.
 90 min
 2 hr.

 \$55.00
 \$60.00
 \$65.00
 \$88.00
 \$106.00

Registration is \$40.00

See reverse for more class times and information

	P	ARENT TO	Т	•			
	40-45 minute classes						
Т	ime	Teacher	Ages	F/M			
		Monday					
6:15pm	6:55pm	Carolyn B	Tot	Mix			
		Tuesday					
9:45am	10:30am	Renee	Tot	Mix			
5:30pm	6:15pm	Valen	Tot	Mix			
5:45pm	6:30pm	Gemma	Tot	Mix			
		Wednesda	у				
10:00am	10:45am	Renee	Tot	Mix			
	Thursday						
5:15pm	6:00pm	Valen	Tot	Mix			
6:20pm	7:00pm	Tina	Tot	Mix			

	E	BEGINNER				
45 minute classes						
Tir	ne	Teacher	Ages	F/M		
		Monday				
4:30pm	5:15pm	Tina	3-4 yrs.	Mix		
4:45pm	5:30pm	Jacob	3-4 yrs.	Mix		
5:30pm	6:15pm	Carolyn	3-4 yrs.	Mix		
6:30pm	7:15pm	Dakota	3-4 yrs.	Mix		
		Tuesday				
10:30am	11:15am	Renee	3-4 yrs.	Mix		
5:00pm	5:45pm	Gemma	3-4 yrs.	Mix		
6:00pm	6:45pm	Renee	3-4 yrs.	Mix		
6:15pm	pm 7:00pm Dakota	3-4 yrs.	Mix			
		Wednesday				
9:15am	10:00am	Renee	3-4 yrs.	Mix		
10:45am	11:30am	Renee	3-4 yrs.	Mix		
4:45pm	5:30pm	Jacob	3-4 yrs.	Mix		
5:30pm	6:15pm	Meya	3-4 yrs	Mix		
6:30pm	7:15pm	Mollee	3-4 yrs.	Mix		
Thursday						
4:45pm	5:30pm	Abrielle	3-4 yrs.	Mix		
5:00pm	5:45pm	Teagan	3-4 yrs.	Mix		
5:30pm	6:15pm	Tina	3-4 yrs.	Mix		
6:45pm	7:30pm	Dakota	3-4 yrs.	Mix		

ADVANC	ED BEGINNER	**= split L. Int.				
1 hour classes						
Time	Teacher	Ages	F/M			
	Monday					
**4:30pm 5:30pm	Renee	5-10 yrs.	Mix			
4:30pm 5:30pm	Abrielle	5-7 yrs.	Mix			
5:15pm 6:15pm	Tina	4-6 yrs.	Mix			
5:30pm 6:30pm	Renee	4-7 yrs.	Mix			
6:00 pm 7:00 pm	Michelle	5-8 yrs.	Female			
6:15pm 7:15pm	Sara	4-6 yrs.	Mix			
**7:15pm 8:15pm	Tina	5-8 yrs.	Mix			
·	Tuesday					
**5:00pm 6:00pm	Renee	7-12 yrs.	Mix			
5:00pm 6:00pm	Elizabeth	5-9 yrs.	Mix			
5:00pm 6:00pm	Melissa	5-9 yrs.	Female			
5:15pm 6:15pm	Dakota	4-7 yrs.	Mix			
5:30pm 6:30pm	Catherine	5-8 yrs.	Mix			
6:30pm 7:30pm	Valen	4-6 yrs.	Mix			
6:30pm 7:30pm	Catherine	5-8 yrs.	Mix			
6:45pm 7:45pm	Renee	4-7 yrs.	Mix			
	Wednesday					
5:00pm 6:00pm	Dakota	5-9 yrs.	Mix			
5:00pm 6:00pm	Mollee	4-6 yrs.	Mix			
5:15pm 6:15pm	Emma	6-9 yrs.	Mix			
**5:30pm 6:30pm	Renee	5-10 yrs.	Male			
5:45pm 6:45pm	Sara	5-10 yrs.	Female			
6:30pm 7:30pm	Tasha	5-10 yrs.	Mix			
6:15pm 7:15pm	Jacob	5-8 yrs.	Mix			
6:45pm 7:45pm	Sara	7-12 yrs.	Mix			
	Thursday					
10:00am 11:00am	Renee	4-6 yrs.	Mix			
**11:00am 12:00pm	Renee	6+ yrs.	Mix			
**5:00pm 6:00pm	Catherine	6-12 yrs.	Mix			
5:15pm 6:15pm	Eric	5-12 yrs.	Male			
**5:30pm 6:30pm	Carolyn	5-9 yrs.	Female			
5:30pm 6:30pm	Dakota	5-9 yrs.	Mix			
5:45pm 6:45pm	Teagan	4-7 yrs.	Mix			
6:00pm 7:00pm	Catherine	4-6 yrs.	Mix			
**6:30pm 7:30pm	Tasha	6-12 yrs.	Female			
**7:00pm 8:00pm	Tina	5-8 yrs.	Mix			

For more information please contact us at:

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LOW INTE	RMEDIATE	**= Split A	. beg. *= S _l	olit H. Int.
	11	hour classe	S	
		Monday		
**4:30pm	5:30pm	Renee	6-10 yrs.	Mix
5:30pm	6:30pm	Dakota	5-8 yrs.	Mix
*6:00pm	7:00pm	Michelle	5-8 yrs.	Mix
6:15pm	7:15pm	Tina	6-12 yrs.	Mix
7:00pm	8:00pm	Renee	8-10 yrs.	Female
**7:15pm	8:15pm	Tina	5-12 yrs.	Mix
		Tuesday		
**5:00pm	6:00pm	Renee	7-12 yrs.	Mix
6:00pm	7:00pm	Melissa	6-12 yrs.	Female
7:30pm	8:30pm	Catherine	7-12 yrs.	Mix
		Wednesda	у	
5:00pm	6:00pm	Abrielle	5-9 yrs.	Female
6:00pm	7:00pm	Dakota	7-12 yrs.	Female
**5:30pm	6:30pm	Renee	5-9 yrs.	Male
		Thursday		
*4:30pm	5:30pm	Tina	6-10 yrs.	Mix
5:15pm	6:15pm	Renee	5-10 yrs.	Female
**5:00pm	6:00pm	Catherine	6-12 yrs.	Mix
*6:15pm	7:15pm	Eric	6-16 yrs.	Male
**6:30pm	7:30pm	Tasha	6-12 yrs.	Female
6:30pm	7:30pm	Carolyn B	5-9 yrs.	Mix
_		Saturday		
10:30am	11:30am	Tasha	6-12 yrs.	Mix

Н	HIGH INTERMEDIATE *= Split L. Int.						
	1-1.5 hour classes						
Time		Teacher	Ages	F/M			
		Monday					
* 7:00pm	8:30pm	Michelle	6-10 yrs.	Female			
		Tuesday					
7:30pm	8:30pm	Tasha	6-12 yrs.	Mix			
7:00pm	8:30pm	Melissa	6-15 yrs.	Female			
	Wednesday						
6:30pm	8:00pm	Renee	7-12 yrs.	Mix			
	Thursday						
*4:30pm	5:30pm	Tina	6-10 yrs.	Mix			
*6:15pm	7:15pm	Eric	6-16 yrs.	Male			
6:15pm	7:45pm	Renee	7-13 yrs.	Female			

LOW A	LOW ADVANCED TO ADVANCED *= Split H. int.					
	Classes are 90 min or 2 hrs					
Time		Teacher	Ages	F/M		
		Monday				
6:30pm	8:30pm	Tasha	8-15yrs.	Female		
	Wednesday					
6:00pm	8:00pm	Melissa	6+ yrs.	Female		
	Thursday					
5:00pm	7:00pm	Rachel	8-15yrs.	Female		

	TUMBLE TRAMPOLINE CLASSES						
	1 hour classes						
С	lass Conc	entrates on tum	bling and floor skills				
Time	е	Teacher	Age/Lvl.	F/M			
		Monday	1				
7:00pm	8:00pm	Carolyn B.	10+ yrs. L.Adv/Adv.	Female			
		Tuesday	1				
6:00pm	7:00pm	Elizabeth	12 + yrs. Adv.	Female			
6:00pm 6:30pm	7:00pm 7:30pm	Elizabeth Tasha	12 + yrs. Adv. 7-12yrs. A.B./ L. Int	Female Mix			
1 '	1		7-12yrs. A.B./ L. Int				
1 '	1	Tasha	7-12yrs. A.B./ L. Int	Mix			
6:30pm	7:30pm	Tasha Thursda	7-12yrs. A.B./ L. Int y 8-16yrs. L. Int/L.Adv	Mix			

	NIN	JA WARRIOR C	CLASSES			
Time	Time Teacher		Ages	F/M		
		Monday				
6:00pm	7:00pm	Camden	7+ yrs.	Mix		
	Tuesday					
6:00pm	7:00pm	Matthew	7+ yrs.	Mix		
7:00pm	8:00pm	Matthew	10+ yrs.	Mix		
	Friday					
5:00pm	6:00pm	Aiden	7+ yrs.	Mix		
6:00pm	7:00pm	Jonah	7+ yrs.	Mix		

	TAEKWONDO					
Time	Time Teacher Ages					
	Monday					
5:30pm	6:00pm	Ms. Katrin	3-5 yrs old			
6:00pm	7:00pm	Master Hawkins	5+ yrs. Beg.			
7:00pm	8:00pm	Master Hawkins	6+ yrs. Colored belts			

Contact Fit Physique at 721-2521 for information on the following:

Outdoor Extreme Training Class
Group Exercise Classes
Yoga & Pilates
Adult & Youth Personal Training

Open Gym

Wednesday 7:45-8:45 pm Saturday 12:30-1:30 pm \$5.00 for members, \$10.00 for non-members

PAYMENT: Class fees are due on the 1st of the month. A late fee of \$5.00 is assessed monthly if payment is not received by the 10th of the month. Automatic withdrawal is available for your convenience.

CLASS MAKE-UP POLICY: Absences may be made up in another class at your convenience. One make-up class per month is permitted September-May. Multiple make-up classes per month are permitted June-August. Students must be actively enrolled and classes may be made-up by 8/31/23.

DROP PROCEDURE: A written drop notice is to be submitted on the 1st of the month along with monthly payment. Drops may be submitted in person or via email.