

Acrobatic Academy Newsletter

August 2022

Class fees effective Sept. 1

30 min.	45 min.	60 min.	1.5 hr.	2 hr.
\$55	\$60	\$65	\$88	\$106

Registration	Private	Semi-Private	Small Group
\$40	\$92	\$84	\$80

Annual Membership Fee Due

A \$40 annual membership fee will be due on August 1st, fee must be paid by September 1st for your student to continue lessons in September. Membership Fee will be deducted by August 31st for students on auto-pay.

We want your feedback!

Tell us about your experience at AAI via email at info@acrobaticacademy.com for a chance to win a FREE Open Gym.

Aerial Cartwheel Class

This month-long class will focus on conditioning, drilling and practicing aerial cartwheels. Class meets each Saturday in August from 11:30 am to 12:30 pm.

Classes begin Saturday, August 6th.

Class fee is \$60.00 for members, \$70.00 for non-members. Participants must be ages 6+ and have perfected the cartwheel.

Registrations after August 3rd will be an additional \$5

Lyra Workshop

We are all fond of The Greatest Showman, and one of the favored performers was on what we call a Lyra! Join us for an introductory Lyra Workshop that will include warm-ups, a few static poses and a mini-combo to finish!

Workshop 1 (6-12 years)-Saturday, August 13th 2:00-3:30 pm

Workshop 2 (13+ years)- Saturday, August 13th 3:30-5:00 pm

Each workshop is \$30.00 per person, if registered by Wednesday, August 10th, or \$35.00 after. These workshops are **CASH ONLY** and spots will be given on a first come, first serve basis. Limited spots available!

All fitness and experience levels are welcome! You will learn the basics of climbing, foot locks and other foundational skills



Make Up Policy

One make-up per month is allowed September-May. Multiple make-up classes per month are allowed June-August. Classes must be made up within the current year. The student must be actively enrolled in a class in order to make-up. Make-up classes will not be honored after September 1st, 2022.

Full class schedule available online

NINJA WARRIOR

Interested in something a little different than gymnastics? Ask about our Ninja Warrior classes at the front desk! Ninja Warrior classes focus on agility, speed, strength, precision, and balance to navigate and overcome different obstacles. Classes are held on Mondays, Tuesdays and Fridays.