

November 2023 Newsletter

ACROBATIC ACADEMY



Beginner Tumbling Clinic

Students will work on achieving and improving beginner tumbling skills such as cartwheels, round-offs, back-bends, front limbers, back kick overs and more.

Saturday, November 18 from 2:00-3:30 pm

Ages 5+

\$25 if registered by 11/15, or \$30 after

***Students must be able to independently hold a bridge to participate in this clinic**

CLOSED Wednesday, 11/22-Saturday, 11/25 for Thanksgiving Break

Dance Acro Clinic

Calling all dancers and cheerleaders!

Students will work on drills and skills for front walkovers, back walkovers, aerial cartwheels and back handsprings in this clinic.

Saturday, November 18 from 3:30-5:00 pm

Ages 7+

\$25 if registered by 11/15, or \$30 after

***Students must have a proficient cartwheel and back bend**



Taekwondo

Learn the art of self-defense using kicking and punching techniques taught in the Korean martial art of Taekwondo.

Classes are held on Mondays from 6:00-7:00 pm with Master Ron.

Ages 5+, all skill levels



Teacher Feature

Meet Ms. Elizabeth!

Q: How long have you been at Acrobatic Academy?

A: I began my gymnastics career at age 2 at Acrobatic Academy and have been part of this family for 14 years.

Q: What is your favorite thing about teaching?

A: Seeing my students progress and get new skills.

Q: What is a fun fact about you?

A: I'm a bible believing Christian and I attend Immanuel Baptist Church.

Multi-Student Discount

Important notice!

Effective January 1, 2024, the multi-class discount of \$2.00 per class, which currently applies to accounts with multiple enrollments and/or students, will be discontinued. No action is required for families on auto-pay.



GYM CLOSED
11/22-11/25

Reminders

- **Acrobatic Academy will be closed Wednesday, November 22-Saturday, November 25**
- November Mommy & Me Open Gym: Friday, November 3
- Find us on Facebook and Instagram to stay in the loop on upcoming events and more!