

# September 2023 Newsletter

## ACROBATIC ACADEMY



## Come tumble with us!

We offer tumbling classes for all ages and skill levels. These classes focus on tumbling on floor and trampoline only. Tumbling classes are great for dancers, cheerleaders or those who just want to focus on floor skills.

**Monday 7:00-8:00 pm, ages 10+ (Advanced)**

**Tuesday 6:30-7:30 pm, ages 7-12 (Beginner to Intermediate)**

**Saturday 9:30-10:30 am, ages 7-15 (Intermediate to Advanced)**

**Saturday 10:00-11:00 am, ages 5-8 (Beginner)**

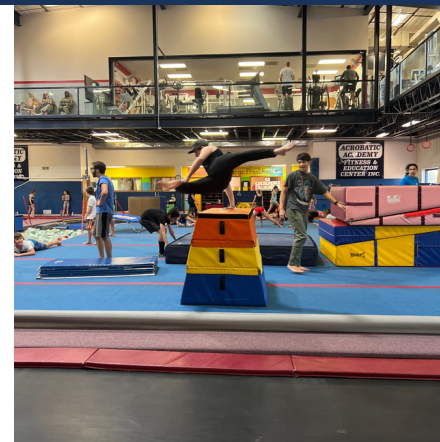
## IMPORTANT REMINDER

**We will be CLOSED Friday, September 1-Monday, September 4. Class will resume on Tuesday, September 5.**

## NEW CLASS ALERT- Daytime Ninja Warrior

Students will flip, kick, jump and climb while learning to negotiate various obstacles in a safe environment.

**This class is for students ages 5-10 and will be held on Wednesdays from 2:30-3:30 pm. Limited spots available. Enroll today!**



## Pop-Up Mommy & Me Time

Join us for an hour of open play on Friday, September 15 from 1:30-2:30 pm. This pop-up Mommy & Me is a fundraising event for our preschool, Basic Beginnings, and is cash only. Register at the front desk today.

**For ages 1-6. Adult participation is required.**

**\$10 if registered by 9/13, or \$15 after. Additional siblings are \$5 each.  
CASH ONLY**

# Come Play at Mommy & Me Open Gym!

Bring your toddler to AAI for an hour of fun on the first Friday of every month from 11:00 am to 12:00 pm. September Mommy & Me will be held 9/8. October's Mommy & Me will be held 10/6.

Run, jump bounce and climb on trampolines, foam pits, zip lines and more!

For ages 1-5. Register by the Wednesday prior for \$15, or \$20 after. Additional siblings are \$5 each. Adult participation is required.



**Ask about our Fit Physique parent specials! Monthly memberships start at \$10.75 per month!**

## Birthday Parties

Let us help host your next birthday party! Our parties include 45 minutes of activity time in the gym followed by 30 minutes in the treat room. Activity time is led by a trained staff member.

Parties are held on Saturdays and are \$140 to book. Additional time can be added for a minimal fee. Don't wait to book your party! Spots are limited!



**Be on the lookout! More SHINE Dance Fitness demo classes will be announced soon!**

Find us on Facebook  
to stay up to date on  
news and special  
events

## Reminders

- CLOSED 9/1-9/4 for Labor Day. Classes resume 9/5.
- September Mommy & Me: Friday, 9/8
- Pop-Up Mommy & Me: Friday, 9/15
- Students in Parent-Tot and Beginner classes (45-minute classes) are permitted 1 adult in the class and one additional adult to the observation deck. Our policies are in place to ensure the best experience possible for our students. Thank you for your cooperation.

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